

**Taking the Fear out of Death**, March 28, 2008  
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Whether you're tall or short, rich or poor, young or old, this is one journey we shall all take one day. The destination of this trip? Death.

When going on any trip, you make plans in advance. You do some research on the area so you know what to expect when you get there. Why would you not do the same for your inevitable journey Home? What do you really know about it? I'm sure you must have some questions about it. Wouldn't you like to really know what to expect and release all fearful thoughts and replace them with a peaceful knowing?

You can find your answers in this book, *Death Without Fear* by Tony Stubbs. Fear happens when you don't know what's going to happen next. Fear is simply our response to not knowing. Being a lightworker, I'm sure you have a pretty good idea of what to expect when you cross over, but what about your family and friends? How many of us know someone who has lost a loved one or has just received the news they only have a few months to live or have aging parents? One of the best gifts we could give any of our loved ones or ourselves is taking away the fear of dying and teaching there is no death or separation, we simply change our vibrational frequency.

"Now wait just a minute here!" you may be saying. "You're sounding pretty woo-woo here and I'm not into any of that stuff!"

Well, Tony is just the one who can explain all of this in a clear, concise and entertaining way. He explains at the very beginning of the book just who psychics and mediums are. Showing how many with these gifts were frightened and confused about what was happening in their lives when their gifts first came to the surface. How difficult it was for them to learn how to use this power. Explaining all the trials and errors they had to go through before being able to truly step into this gift.

Then Tony goes onto to share with the reader accounts from different soul/medium teams describing exactly what is experienced on the other side. The first of these teams is Monsignor Robert Benson and psychic medium Anthony Borgia. While alive, Msgr. Benson had been a fire-and-brimstone Catholic priest who vilified mediums and talking to the dead. Upon his passing, he learned that most of what he had preached about his whole adult life had been a lie. He was mortified to have misled mankind and wanted to set the record straight. Through medium Anthony Borgia, he channeled six books over a six-year period. Through several excerpts in Tony's book, we learn what a magnificent job this team did in 'setting the record straight.'

Two other writing teams are Jennifer Jacobs and her husband, Joe, and Walda Woods and her husband, Tom. Both husbands passed and learned to communicate clearly from the other side through their wives, both psychic mediums. Giving excellent examples of how we are not separated by the death of our body, these are just some of the teams that Tony draws on in his book.

A dying relative may say that their Aunt Jessie came to visit them last night. Aunt Jessie left this earth ten years ago, so how could this be? You are told by the doctors that your relative is simply hallucinating from the drugs. This is so not the case. These are the greeters coming to welcome your loved one home. We should encourage them to share what they saw and not slide it under the rug by dismissing it as 'just their imagination.'

Two informative appendices introduce readers to 15 silver bullets for dealing with cancer in case it's not yet your time to cross over, and to Emotional Freedom Techniques for alleviating grief for those facing death or being left behind.

The back cover of *Death Without Fear* proclaims, "Ignorance about the afterlife leads to fear. This book dispels both - a 'must-read' for anyone in a physical body who will one day face death, whether yours or that of a loved one." And that pretty much includes us all.

You can order the book from [www.dandelion-books.com/coping-with-death.html](http://www.dandelion-books.com/coping-with-death.html) or from [www.deathwithoutfear.com](http://www.deathwithoutfear.com) .