

Excerpt

Judge Me Not

**A True Story Of Tragedy and Loss That
Rocked A Family To The Core ... Yet
Opened the Door to Life On the
Other Side**

Eunice Rich

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Epilogue

I thought I had completed my work on this book, when I received a phone call from Tony Stubbs, my editor. “Eunice,” he said, “I don't think your book is done. I think you have more work to do.” “Okay,” I responded, not quite sure where this was going. He continued, “Sam and Cheryl are the two most important people in your book, right?” “Yes,” I agreed. “I think we need to hear their side of the story and I know just the person to help us with that. She is a very gifted medium, who has helped many people. She could contact them and let them speak through her. It could be included as another chapter or in some other place. We can figure that out later, but I think it's important to hear from them.”

As he was speaking, I felt the strong presence of Sam and Cheryl enter the room. “Do you think that Sam and Cheryl would want to do this?” he asked. I could feel Sam and Cheryl giving an enthusiastic, “Yes!” to his question. “Tony, Sam and Cheryl are right here with me and they're telling me they very much want this. They say they've been waiting and waiting for this. They're so excited.” I could feel them laughing and jumping up and down in excitement. “Okay!” was Tony's response. “Do you want me to set this up for you?” “Yes I would.” It was hard for me to speak, the feeling in the room was electric and I could feel it flowing through my body.

I felt reluctant at participating directly with the medium. I had done it before with my mother and it caused me to feel somewhat of a sensory overload. As if sensing my feelings, Tony went on. “You can speak directly with the medium or, if you wish, I could conduct it in your place as an interview.” “I would like you to speak with the medium for me, if you will.” “

I would be more than happy to do that for you,” was his kind response. “I’ll call right away and get it set up and call you back with the details.”

“Okay. I really appreciate that. And Tony, there's something I want to tell you. It has always bothered me that my book has seventeen chapters. I don't know why. It just didn't feel right and it kept nagging at the back of my mind. This will make eighteen chapters. You see, that's a one and an eight. A one and an eight add up to a nine. Nine is the number for complete. I *know* this should be included in the book.” Tony laughed in amazement at this unknown piece of information and I was grateful that he had found the way to make my book truly complete. As it turned out, I chose to move my previously written Epilogue to Chapter Eighteen and include the interview as the new Epilogue.

The phone meeting between Tony and Rev. Cheryl Johnson took place on March 31, 2010. I, myself, did the transcription. I edited it for clarity and I removed any of Sam and Cheryl's words that were personal to our family members.

The transcription is as follows:

Cheryl J: Let's start with a prayer: Mother, Father, God, Friend, Creator, That I Am, Thank you for blessing our gathering. We are open only unto the light as we receive guidance and we are very grateful. And so it is.

Cheryl J: Alright, so you said we are going to be talking to Eunice's son and daughter-in-law.

Tony: Yes, Sam and Cheryl. So from here on in when I refer to Cheryl, I'm talking about her.

Cheryl J: It's the other one.

Tony: Do you sense them around?

Cheryl J: Oh yes!

Tony: Okay.

Cheryl J: Before you called, they started talking about the accident and they started talking about Eunice's balance and that she's trying to find balance between forgiveness and justice.

Tony: Yes.

Cheryl J: That is one of the primary issues since they crossed over. It's not just the grieving, you know: You lose somebody you love. This is an issue she's been dealing with for many, many lifetimes.

Tony: Okay.

Cheryl J: This book is a part of trying to find that balance between the justice and the forgiveness. Because, you know, we get so confused on that point. They're saying the accident was not they're fault. You're aware there was an accident, right?

Tony: Well, the story is that Sam shot Cheryl and then committed suicide.

Cheryl: Okay, and yet they're calling it an accident. So let's see what they're talking about.

Tony: Okay. Well, there's a good place to start. What do they mean by accident, when it was actually murder/suicide?

Cheryl J: Well yeah. So if we're talking about an accident? Murder/suicide? Oh alright, we're going to have to go into the psyche. You said Sam shot Cheryl and then shot himself, right?

Tony: Yes.

Cheryl J: Okay. We're going to have to go into the psyche of where Sam was. I was going to say at that time, but he's saying no. Off and on through his life, he had been in the dark space.

Tony: Yes.

Cheryl J: He says his mother will recognize the fact that he was two opposite people. There

was one who looked pretty normal, was a little on the quiet side. There was one who was actually raving. He says raving crazy. It wasn't raving crazy as in, I'm going to go out and kill someone like he did in this case. It was raving crazy as in feeling absolutely powerless, and the rage comes out of that. So we're going to have to look at his psyche when he's doing this. Ask Eunice to imagine the two different Sams. They're literally showing it like night and day here, the difference between the two. Imagine the, we're going to call it, the bad Sam. I don't mean judgmentally, I mean as in, doesn't know where he's going, what he's doing. It's *extreme* depression... Oh, okay, I understand... They're showing it like an animal who has been mortally wounded, who is backed into a corner. When an animal is mortally wounded and backed into a corner there is no recognition of anything or anyone except the fear of death and the desire to get away from the pain. This was the bad Sam at that time.

Tony: Okay

Cheryl J: In the mind of this Sam, shooting Cheryl, shooting himself, was like putting a wounded animal out of it's misery. If, what we call the good Sam, had been able to be present at all, it would have... it would have backed the situation at least, away from Cheryl. But there wasn't... I honest to God... cannot see a connection with what we think of as the good Sam. Now, in the bad Sam, he is saying that this almost happened several times, probably half a dozen times. He is showing that this battle happened many times when the people aren't even aware that it happened.

Tony: Okay

Cheryl J: That there were other times it had come up and he *had* been able to fight it back. Now it wasn't hatred for Cheryl, wasn't hatred for himself or his mother or anything like that. It was going into *pure desperation*, like that mortally wounded animal where there's no

other way out. And he says: We have to go into the psyche to see we're not dealing with human logic. We're dealing with primitive animal instinct where this was the *only* way out of the pain.

Tony: It's what the legal system might call temporary insanity in that case.

Cheryl J: Yeah, in that sense it is. Because when we move into the space of mortally wounded animal, we do not have logic. We do not have any of that left brain function in there at all. So how do we get away from the pain?

Tony: Okay, so from the standpoint of the good Sam, this *was* a tragic accident. It should never have happened.